

# Spring into ACTION: Health & Safety Forum

## Free Virtual Event

### Informative, Effective, Applicative

#### Speakers/Info Sessions:

- Daryl Stephenson, Ergonomist, OHCOW – *Concussion, post-concussion symptoms, underreporting, and prevention of workplace hazards*
- Trevor Schell, Ergonomist, OHCOW – *The four E's Of shoulder Injuries:*
  - Explain the anatomy of the shoulder
  - Examine common risk factors for injury
  - Explore the most common shoulder injuries including Thoracic Outlet Syndrome and Rotator Cuff Tears
  - Expand upon prevention measures
- James Brophy, PhD, Occupational Health Researcher, Margaret Keith, PhD, Occupational Health Researcher & Michael Hurley, president, Ontario Council of Hospital Unions (CUPE) – *Code White: Sounding the Alarm on Violence against Health Care Workers Violence in the Long-Term Healthcare Sector*

#### Who should attend?

All are welcome, including colleagues, committee members and anyone interested in Occupational Health and Safety! This conference will benefit all workers.

#### Itinerary

Friday, April 8, 2022

Meet & Greet 8:30 a.m.

Opening 9:00 a.m.

Info sessions

Closing Remarks 12:15 p.m.

ODLC Health & Safety and Environment Committee, ODLC Education Committee, OHCOW Local Advisory Committee

For more information, please contact: Jennifer Moore of ODLC at [Jennifer@ottawalabour.org](mailto:Jennifer@ottawalabour.org) or Cheryl Baker of OHCOW at [cbaker@ohcow.on.ca](mailto:cbaker@ohcow.on.ca)

To Pre-Register, Click Zoom Link below:

<https://us02web.zoom.us/meeting/register/tZMtcOiqgTktHdQKSdSs0gbYfY9jXdewsiR>